

TO GET YOU STARTED

Juices

Fresh Orange or Grapefruit Juice	5.5
Carrot Juice or Juice of the Day	6.
Chilled Apple, Cranberry, Prune, Pineapple, Tomato or V-8 Juice	5.

Fruits

Chilled Fresh Fruit Salad with Yogurt Poppy Seed Sauce	8.
Seasonal Melon, Papaya, Pineapple or Grapefruit	6.75
A Bowl of Seasonal Berries	8.

Cereals

Home Made Bircher Muesli with Oats, Fruit and Berries	9.5
The Island's Homemade Granola with Yogurt and Berries	9.5
Oatmeal Brûlée with Maple Syrup and Devonshire	9.
Special K, Shredded Wheat, Raisin Bran, Rice Krispies and others with Berries	9.
Hot Coaches Oatmeal or Cream of Wheat with Berry Compote	9.5
Regular or Low Fat Plain, Vanilla or Fruit Yogurt	7.

From The Bakery

Traditional or Chocolate Croissants	6.
Assorted Freshly Baked Muffins	5.5
From New York: Plain, Everything or Cinnamon Raisin Bagel	5.75
Assorted Danish Pastries	5.5
One Big Cinnamon Roll, Dripping with White Icing	6.

ISLAND SPA DISHES

Egg White Frittata with Arugula, Grilled Vegetables and Fire Roasted Tomato Salsa	15.5
Cholesterol Free Omelet with Fresh Basil and Tomato Coulis	15.
Seasonal Fresh and Marinated Fruit Platter	14.

BREAKFAST SPECIALTIES

Three Egg Omelet with your choice of Ham, Cheese, Tomatoes, Mushrooms, Onions or Spinach	16.
Corned Beef Hash with Poached Eggs and Tomato Hollandaise	16.5
“Steak -n- Eggs” Thinly Pounded Medallions of Beef Tenderloin with Poached Eggs, Béarnaise and Garlic Herb Fries	23.
Poached Eggs on Dungeness Crab Cakes with Truffle Hollandaise	22.
“The Island Pancake Napoleon” Maple Pancakes Stacked with Pork Sausage, Eggs Over Hard and Seasonal Fresh Fruit Salad	18.
Two Eggs Any Style with Hash Browned Potatoes with Your Choice of Bacon, Ham or Sausage	12. 16.
Chilaquiles: Scrambled Eggs with Tortillas and Tomatillo Salsa	15.
Huevos Rancheros with Authentic Salsa, Black Beans, Avocado Corn Tortillas and Queso Fresco	15.5
“The Breakfast Burrito” Scrambled Eggs with Chorizo, Black Beans, Pico de Gallo and Avocado	16.
House Smoked Salmon with Sliced Tomatoes Cream Cheese and Toasted Bagel	17.
Lemon-Blueberry or Plain Ole Pancakes	15.
Banana Stuffed Brioche French Toast	16.
Belgian Waffles with Whipped Cream and Fresh Strawberries	14.5

THE SCRAMBLED

Grilled Provencal Vegetables, Goat Cheese, Avocado, Tomatoes and Spinach	16.
Smoked Salmon with Cucumbers, Avocado, Fried Capers Fresh Dill and Crème Fraiche	18.
“Build Your Own Scramble” Three Farm Fresh Eggs Scrambled with Roasted Potatoes and Your Choice of the following additions: Mushrooms, Tomatoes, Onions, Spinach Bell Peppers, Bacon, Corned Beef and Chicken or Pork Sausage	17.